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**ACCEPTING NEW PATIENTS**

**PREVENTATIVE MEDICINE - ACUPUNCTURE – PRESCRIPTIONS – NUTRITION – ADVANCED LAB TESTING**

*To help us serve your health needs, please complete the following information as accurately as possible. Thank you!*

**PERSONAL INFORMATION**

Name \_\_\_\_\_ Age \_\_\_\_\_ M\_\_ F\_\_ Today's Date (Mo/Day/Year) \_\_\_\_\_  
How would you prefer to be addressed in our office? \_\_\_\_\_ Birth Date (Mo/Day/Year) \_\_\_\_\_  
Home Address \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Occupation \_\_\_\_\_ Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_  
Cell Phone Provider (ex:telus, rogers, koodo) \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Email Address (for clinical purposes only) \_\_\_\_\_ BC Care Card # \_\_\_\_\_

Check box  if you would not like to receive our newsletter - sent by email approximately 1/month; please see reverse side of fee schedule for privacy policy.

How do you want appointment reminds:  **Text message**  **E-mail**  **Text & E-mail**  **Phone**

Spouse's Name \_\_\_\_\_ Children (name(s)/age) \_\_\_\_\_

If the above is a child: Father's Name \_\_\_\_\_ Mother's Name \_\_\_\_\_

Who referred you to our office? \_\_\_\_\_ Do you have Extended Coverage? Yes\_\_ No\_\_

**NOTE:** *This is a confidential record of your medical history and will be kept in this office. Information contained here will not be released to any person except when you have authorized us in writing to do so. Please complete this questionnaire as thoroughly as possible. Thank you.*

1. What health concerns/problems brought you to this office today? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. What questions do you have that you would like answered? \_\_\_\_\_  
\_\_\_\_\_
3. What kind of help do you want or expect to be provided? \_\_\_\_\_  
\_\_\_\_\_
4. Are you being treated for any condition by a physician now? Yes\_\_ No\_\_ Condition \_\_\_\_\_  
Physician \_\_\_\_\_ Family Physician \_\_\_\_\_

**CURRENT MEDICATIONS AND PRODUCTS**

Please list all your prescription medications (such as sleeping pills, birth control pills), non-prescription medications (such as aspirin, antacids, laxatives, antihistamines) vitamins, herbs, etc., that you take more than occasionally.

**KNOWN ALLERGIES**

Please list any known allergies to medicines (such as penicillin, sulpha drugs, aspirin), or other substances (such as pollens ragweed), foods, chemicals, etc.

**HOSPITALIZATIONS, SURGERIES, OR SERIOUS INJURIES (Date/Reason for hospitalization)**

**PERSONAL HEALTH HABITS**

Height \_\_\_\_\_ Current Weight \_\_\_\_\_ lbs Ideal weight \_\_\_\_\_ lbs. Maximum Weight \_\_\_\_\_ Year \_\_\_\_\_

Smoker: Yes\_\_ No\_\_ Smoked for \_\_\_\_\_ years Amount per Day \_\_\_\_\_ Year Stopped, If Applicable \_\_\_\_\_

Alcohol Use: Yes\_\_ No\_\_ Type of Alcohol Preferred \_\_\_\_\_ Frequency \_\_\_\_\_

Recreational Drug Use: Yes \_\_ No \_\_ Type \_\_\_\_\_ Frequency \_\_\_\_\_

Coffee: Yes\_\_ No\_\_ \_\_\_\_\_Cups per day Tea: Yes\_\_ No\_\_ \_\_\_\_\_Cups per day Soda Pop: Yes\_\_ No\_\_ \_\_\_\_\_Cups per day

Water: \_\_\_\_\_ Cups per day

Diet: Are there any food groups you avoid? Yes\_\_ No\_\_ If "Yes", what \_\_\_\_\_

Do you exercise regularly? Yes\_\_ No\_\_ Type \_\_\_\_\_ Duration \_\_\_\_\_ Frequency \_\_\_\_\_

Hobbies \_\_\_\_\_

Blood Type (if known): A\_\_ B\_\_ AB\_\_ O\_\_ Additional Information \_\_\_\_\_

Women: Are you currently pregnant? Yes \_\_ No \_\_ \_\_\_\_\_

**MEDICAL HISTORY**

Please check only those that pertain to YOU personally.

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Alcohol Abuse            | <input type="checkbox"/> Female Gynecological Problems | <input type="checkbox"/> Skin Problems                               |
| <input type="checkbox"/> Allergies                | <input type="checkbox"/> Gallstones                    | <input type="checkbox"/> STI (ie. AIDS, syphilis, gonorrhea, herpes) |
| <input type="checkbox"/> Anemia                   | <input type="checkbox"/> Gum/Teeth Problems            | <input type="checkbox"/> Stroke                                      |
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Heart Attack                  | <input type="checkbox"/> Suicide                                     |
| <input type="checkbox"/> Asthma                   | <input type="checkbox"/> Heart Problems                | <input type="checkbox"/> Thyroid Problems                            |
| <input type="checkbox"/> Back, Muscle, Joint Pain | <input type="checkbox"/> High Blood Pressure           | <input type="checkbox"/> Tuberculosis                                |
| <input type="checkbox"/> Bladder/Urinary Problems | <input type="checkbox"/> Kidney Problems               | <input type="checkbox"/> Ulcers                                      |
| <input type="checkbox"/> Colitis                  | <input type="checkbox"/> Liver Problems                | <input type="checkbox"/> Other _____                                 |
| <input type="checkbox"/> Depression               | <input type="checkbox"/> Lung Problems                 | _____  |
| <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Overweight                    | _____  |
| <input type="checkbox"/> Epilepsy                 | <input type="checkbox"/> Psychological Difficulties    | _____  |
| <input type="checkbox"/> Fatigue, chronic         | <input type="checkbox"/> Rheumatic Fever               | _____  |

**FAMILY MEDICAL HISTORY**

	Age	Health Problems	If Deceased, Cause of Death	Age at Death
Father				
Mother				
Brothers And Sisters				
Children				

**\* Please Note: A 24 hour notice is required for all cancellations or the full visit fee will be charged**